SimplyWholesomeSoaps.com

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About the Healing Balms (Healing Balm Plus, Comfrey, Plantain Balm & Cayenne)

These herbs and oils are a Vulnerary, meaning they help bring about healing wounds & inflammation. They are anti-inflammatory, anti-microbial, drawing, an astringent...

Use For :

Insect Bites & Stings, Scratches, Nettle Stings, Spider bites, Snake bites, Surface Bruising or Wounds, Swelling, Fractures/(Comfrey), Pimples, Cuts, Poison Ivy, Sunburns, Burns...

I put some **Plantain Balm** on exposed skin, including my face, before I go outside, so if I'm bit or scratched... the medicine is already there to start the healing process. If I don't have any on, I find a plantain leaf (found in most any lawn, field...), chew it up if the area is *organic, no spray...* & make a spit poultice, it works masterfully. Research how to spot a plantain plant. I've put PB on poison ivy with blisters, covered it and the next day it was completely gone, as if it was never there, itching stopped totally in about 15 min after applying.

****Do not put (Healing Balm Plus or Comfrey Balm) on a very deep puncture wound, (like a stab wound), because they both contain (Comfrey). Comfrey is the Champion of wound healers & it may cause rapid external healing that may trap infection inside the wound.****

****Plantain Balm CAN BE put on a deep puncture wound.****

Cayenne Balm ~ is an analgesic, blocking the pain signal to the brain. The heat can bring relief to aches/pains, arthritic joints, rheumatic pain, neurological pain, headaches, bumps bruises... It can cause a sensation that feels like a burn, **BUT** it's a chemical sensation from capsaicin, **NOT** an actual thermal burn or tissue damage.

My main source of information comes from Dr. Patric Jones, The Homegrown Herbalist, (https://homegrownherbalist.net) plus many other's articles, books & videos.

Faithfully crafted, naturally pure — handmade in Neapolis, Ohio